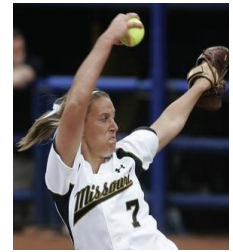




Missouri Softball and The International Fastpitch Institute

COACHES CLINIC & PLAYERS CLINIC



“The most In-depth pitching coaches’ clinic in the country” March 9,10,11 !

Location: Raiders Edge Facility - 8345 Beechcraft Avenue, Gaithersburg, MD 20879



DOUG GILLIS

- Head Pitching Coach/Consultant for University of Missouri
- Six time member of Team USA
- 2010 International Softball Congress All-World Pitcher Selection -----(the only American selected to this team)
- Internationally Certified
- Gold Medal 2002 Pan American Games
- Silver Medal 2003 Pan American Championships
- Lead pitching instructor for International Softball Congress
- 5th Place on the all-time ASA Major National tournament wins

Cost:

Coaches Clinic - \$80

\$70 for group of 4 or more

Players Pitching Clinic - \$60

(max 20 girls)

"As good as Doug's accomplishments are as a player, He's an even better instructor. I've seen all the nation's best instructors and he is by far the best in the world!" **Erhen Earleywine: Head Coach University of Missouri**

"Doug Gillis is an outstanding teacher of the game. His approach to teaching pitching is very easy to understand and more importantly, fundamentally sound. Doug does a great job in breaking down the essential parts of the motion while having the ability to utilize and improve the physical attributes of each athlete. I am very impressed with Doug's innovative system for teaching pitching. Doug's training and video series is a must for any coach or player who wants to improve their pitching skills!"
Mike Candrea: Olympic Coach & Head Coach University of Arizona

Coaches Clinic Friday March 9th

- Check-in -----4:30pm
- Modern Pitching Mechanics - Doug Gillis—5:00pm
- 10 Key Positions - Doug Gillis -----6:00pm
- Modern Mechanics Drills - Doug Gillis-----7:00pm
- Key Positions Drills - Doug Gillis ----- 8:00pm
- Teaching the Drop Ball- Doug Gillis-----9:00pm

Players Pitching Clinic

Saturday March 10th 10:00am to 12:30 pm

Sunday March 11th 9:00am to 11:30 am

Coaches Clinic – Saturday March 10th

- Teaching the Rise Ball - Doug Gillis-----1:00pm
- Teaching the Change - Doug Gillis -----2:00pm
- Picking Pitches – Doug Gillis ----- 3:00pm
- ****The Unknown Offensive Weapon
- Game Situations / Approach -Doug Gillis -----4:00pm
- The Big Picture - Doug Gillis ----- 5:00pm

(Why most young & college pitchers are destroyed by bad instruction)
- "The fastball and screw ball are made up things"
- "Why more pitches is NOT more movement"

Please Mail Form / Checks & payment to:

**Gillis Academy
5474 Bradford Circle, Brighton, MI 48114**

Questions? doug@dougillis.com

www.dougillis.com

www.raidersedge.org

Registration Form

Name _____

Email _____

Cell Phone _____

Check What You Want

Coaches Clinic _____

Players Pitching Clinic Saturday _____

Players Pitching Clinic Sunday _____



Credit Card type: _____ Exp Date: _____
 Credit Card #: _____
 Name on card: _____
 Card Security Code: _____ Zip Code: _____
 Total Amount Due _____

